

ABN: 12 910 243 341

26 February 2024

## **Bike Education**

**Dear Parents/Caregivers** 

All students in Year 6 will be involved in the 2024 Murwillumbah Public School's bike education program as part of the PD, Health and PD Syllabus. We have matched students to bikes and helmets and will soon begin developing their skills with activities in the school playground. When students display appropriate understanding of safe riding skills, we will then have lessons and activities in Knox Park, on footpaths and quiet local streets. In terms 2 and 3 we will have experiences on the Northern Rivers Rail Trail.

The training students receive will allow them to ride safely in groups with adult supervision at a ratio of 1 adult per 6 students. When children are cycling out of school we recommend as per NSW Transport guidelines that:

"all children under 12 years of age should cycle in a safe place off the road, such as a footpath or bicycle path, and way from vehicles."

To assist us in meeting your child's cycling needs it would be of great assistance if you and your child could complete the attached survey.

The school has purchased 20 bikes for student use. Helmets and drink bottles have also been organised.

If you have any questions about the program, please contact the school.

Please return the note to the office by Monday 4<sup>th</sup> March 2024.

Thankyou

Chris Hauritz Bike Ed Coordinator

Les Daley Principal

## **Bike Education Permission Note**

I give permission for my child \_\_\_\_\_\_\_to be involved in the 2024 Bike Education Program. I understand that this involves group lessons both inside and outside the school grounds.

NSW Department of Education Consent Statement: I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

## If you have completed the permission and survey through School Bytes, you do not need to return this note.

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-	gnoa	

Date \_\_\_\_\_

## **Bike Education Student/Parent Survey**

Student name -		No
I have my own bicycle.		
I think my bike is in good condition and safe to ride.		
I always wear a helmet.		
I know how to fit my helmet correctly.		
I mostly ride at home.		
I often ride on local roads.		
I have ridden on the rail trail.		
I enjoy riding a bike.		
I believe I am a safe rider.		
l use my brakes well.		
I can use hand signals to make a turn or stop.		
I follow road safety rules when riding on the road.		
I know what ABC means in a bike check.		
I use my bell/horn to signal other riders or walkers.		
I enjoy riding in a group.		

Thank you for your help.

Chris Hauritz Bike Ed Coordinator