



Murwillumbah Public School

Promoting Excellence in Education

Newsletter

7th October 2015 Term 4 Week 1



Principals Message

Dear Parents

The staff and I welcome you back to Murwillumbah for the fourth and final term of 2015. We hope you've had a refreshing holiday with many fun adventures as a family. I would like to welcome all our new families that have joined us this term.

Term 4 is an 11-week term concluding on Wednesday, December 16, for students. Some of our planned activities include: School Musical in week 8, Running the town Remembrance Day Service, Art Smart Classes, a further 6 weeks of our 2016 Kindergarten transition program, Year 3 overnight camp and Pottsville visit, Music Wet and Wild excursion, Presentation Day Assembly including Sport and Music awards and the Year 6 Farwell and Bell Ringing.

Later in Term 4, all teachers will be completing end of year reports on each child in their class and discussing individual goals set in Term 2.

As we move closer to the end of the 2015 school year we need to ensure that we are organised for 2016.

One of our annual challenges is to know how

many students will start school each year and to organise classes based on these numbers. To assist, we ask families with children in Kindergarten to Year 5, who may be leaving the school at the end of 2015, inform the school at your earliest convenience. This will enable us to plan our teachers and classes for next year. If leaving, please inform the school via email or call into the office by Thursday, October 15, so we can continue planning for next year.

Next Thursday & Friday (October 15 & 16) Vinnie C will represent Murwillumbah Public School and the North Coast Region at the 2015 State PSSA Athletics Carnival, which will be held at Homebush Stadium in Sydney. Vinnie will be competing in the 100m. We wish Vinnie all the best.

This Friday a number of staff will be involved in professional development at Kingscliff Public School. Staff will be exploring the ways that Google Apps can be utilised to transfer learning and teaching.

In week 3, more staff will attend a further session at Banora Point High School.

Principals Message Cont.

During the break, we had a number of tree branches trimmed down the back playground. This is part of our school plan to provide an upgraded eating area for our Primary students. The next stage is to replace the old wooden seats with new seating. We hope to have work completed during term 4.

This term we will be holding a school musical with a number of performances taking part throughout the night.

These include the Kindergarten Nativity, E-I-E-I Oops, The Pirate Cantata and Over the Rainbow.

This will be held in week 8 on Tuesday the 24th November at Murwillumbah High School commencing around 6.00pm.

Rehearsals have commenced with children auditioning for individual roles. We will send home further information in the upcoming weeks however, please set aside this evening as it will be a most enjoyable night.

Have a great week

Les Daley
Principal

Merit Awards

CONGRATULATIONS TO OUR MERIT AWARD WINNERS FOR WEEK 1 TERM 4:

KL: Martha, Danica, Jasmine

4/5A:

Bronte, Thomas

KP: Nathan, Mia

6W:

Brock, Kiarra

1K: Kyen, Ashleigh

Mr Johnston:

Tu-wai, Will

1/2S: Nikita, Dean

2H: Kaitlin, Blake, Tristan

3P: Zali, Leo

Canteen News

Welcome back to Term 4!

The canteen has a new carbonated drink available to purchase. 'Wild Potion' is an orange carbonated drink made locally in Stokers Siding. It has less sugar and less carbs than any other fizzy drink and is available at a cost of \$2.50 (300 mL).

Could I please ask parents to check the prices of items on the canteen menu (a copy is included with this newsletter) when placing their children's orders for both recess and lunch. Some parents are using outdated pricing, from 2014.

If you are able to help out in our canteen this term at any stage, please call the school office on 02 6672 1467 or you can send in a note with your availability. If you are unable to do canteen on your rostered day please notify our canteen manager, Debbie (0422 698 542) or the School ASAP, so a replacement can be found in time.

School News

International Competitions and Assessments for Schools (ICAS)

Congratulations to the following students who sat for the English, Spelling and Writing Exams.

English Results

Year 2

Ruby	Distinction	Aurelia	Participation
Jack	Participation	Bree	Participation
Tiarna	Participation		

Year 3

Anna	Credit		
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Year 4

Manaia	Distinction	Karsha	Credit
Kathleen	Participation	Cooper	Participation

Year 5

Ben	Credit		
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Year 6

Cedar	Distinction	Jade	Participation
Lucas	Participation		

Writing Results

Year 3

Anna	Credit		
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Year 4

Cooper	Participation	Karsha	Participation
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Year 5

Daniel	Credit	Ben	Participation
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Year 6

Charlie	Merit	Cedar	Merit
Lucas	Merit		

Spelling Results

Year 3

Ruby (Yr 2)	Credit	Anna	Participation
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Year 4

Tristan	Merit	Noah	Participation
Cooper	Participation	Karsha	Participation

Year 5

Daniel	Credit	Ben	Participation
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Year 6

Cedar	Distinction	Lucas	Merit
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School News

CHICKENPOX

There have been a few cases of chickenpox in our school community over the school holiday period. Please find following an extract from the NSW Health website for your information.

What is Chickenpox?

- Chickenpox (varicella) is a viral illness caused by the herpes zoster virus (also known as the Varicella-Zoster virus)
- In children it usually causes a relatively mild illness.
- Chickenpox in adults and immunosuppressed people can be severe.
- Infection in pregnancy can cause foetal malformations, skin scarring & other problems
- Before routine vaccination began in November 2005, chickenpox was a very common illness. The incidence of chickenpox appears to have decreased as more people receive the vaccine.

What are the symptoms

- Chickenpox begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.
- The rash usually begins as small lumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.
- Persons who are previously vaccinated can still get chickenpox. If chickenpox occurs in a vaccinated person it is usually mild and less contagious than in an unvaccinated person.

How is it spread?

- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

Who is at risk?

- Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.
- People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

How is it prevented?

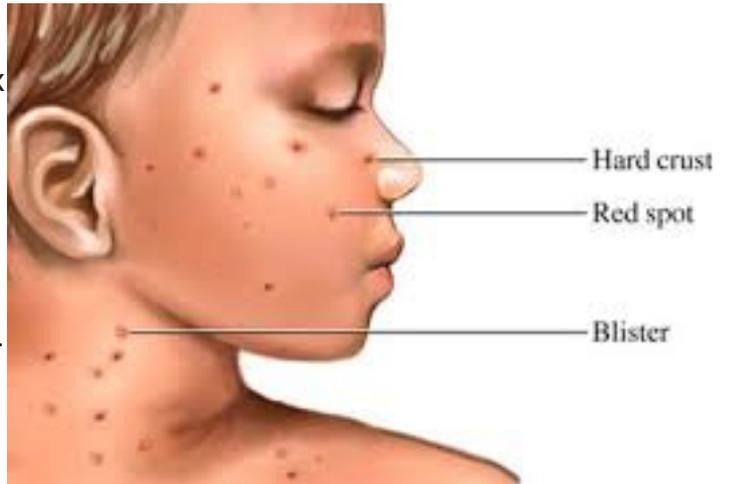
- A free varicella containing vaccine (MMRV) is now recommended for all children at 18 months of age.
- Students in their first year of high school who have not previously received varicella vaccine and who have not had chickenpox are offered a varicella vaccine.
- Varicella vaccine is recommended for all non immune adolescents (>14 years) and adults. This involves two doses at least 1 month apart. It is especially recommended for people at high risk, for example, health care workers, people living with or working with small children, women planning a pregnancy, and household contact of persons who are immunosuppressed.
- People with chickenpox should avoid others (and not attend childcare or school) until at least five days after onset of the rash and all the blisters have dried.
- People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.
- Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.

School News Cont.

- Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

How is Chickenpox diagnosed?

Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood.

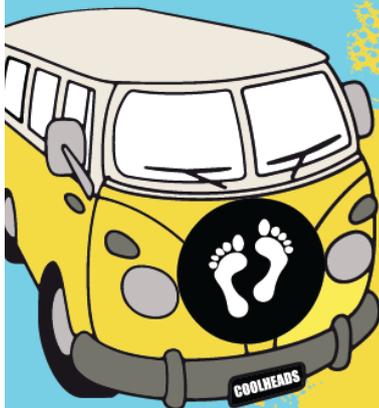


Community News

CoolHeads

Murwillumbah Youth Centre, Nullum St
Fridays 4pm–8pm

FREE BBQ & ACTIVITIES
(for young people aged 12–18)



2 OCTOBER
Football Night & Clay

16 OCTOBER
Games & Paper Craft

30 OCTOBER
Waterplay

Contact CoolHeads on 0439 009 850



Your Family is invited to take home a

big brother or big sister!

Give your children a wonderful opportunity to have a warm and amusing 'big brother or sister' live as part your family for a few months. Specially selected international exchange students, including from Europe, are arriving in February next year to live with our local families, learn and share cultures for a limited period of time for 3, 5, or 10 months. Discuss with your family and call Dept. of Education-registered Southern Cross Cultural Exchange on 1800 500 501 (toll free) or email scceaustr@scce.com.au www.scce.com.au



Canteen Menu

Our school canteen is open on Monday, Wednesday and Friday

Please contact Debbie Lowe on 0422 698 542 if you can volunteer to help in our canteen

RECESS MENU

(Can be pre-ordered)

Please use a separate bag for your recess order

Bakery Items.....20c-	\$1.00
Cheese Top Roll.....	\$1.00
Cheesy Toast.....	\$0.50
Chips.....	\$1.00
Cup of Fruit.....	\$0.80
Custard & Jelly cups.....	\$1.00
Custard Cups.....	\$0.50
Fruit (seasonal).....	\$0.80
Garlic Bread.....	\$0.50
Jelly Pots.....	\$0.20
Pikelets 3 for.....	\$0.50
Pikelets.....	\$0.20
Warm Milo.....	\$0.50



SUSHI –ordered fresh DAILY

NO SUSHI AT RECESS ☹☹

Chicken and Avocado.....	\$3.00
Chicken Terriyaki.....	\$3.00
Tuna.....	\$3.00
Vegetarian.....	\$3.00
Avocado.....	\$3.00
Californian.....	\$3.00

TORTILLA WRAPS

Salad.....	\$4.00
Chicken & Salad.....	\$5.00
Ham & Salad.....	\$5.00
Chicken Lettuce & Mayo.....	\$3.80
Egg & Lettuce.....	\$3.80

SANDWICHES – Made to Order

Salad.....	\$3.80
Chicken & Salad.....	\$4.60
Ham & Salad.....	\$4.60
Egg & Lettuce.....	\$3.50
Ham & Cheese.....	\$2.80
Ham, cheese & tomato.....	\$3.50
Cheese.....	\$2.00
Vegemite.....	\$1.50
Toasted..... no extra	

TOASTED TURKISH

Chicken, Avo, Cheese.....	\$5.50
Ham, Cheese, Tomato.....	\$5.50
Chicken, Avo, Swt Chilli, lettuce, Onion.....	\$6.50
Swt Potato, Fetta, fruit chutney, Lettuce, onion.....	\$6.50
Any 2 fillings toasted.....	\$5.00



HOT FOOD

Chicken Mornay Pie.....	\$4.00
Macaroni and Cheese (Mondays only)	\$3.60
Meat Pies.....	\$3.80
Medium Meat Pie.....	\$2.60
Mini Hot Dog + cheese.....	\$2.20
Mini Hot Dogs.....	\$2.00
Pizza.....	\$3.50
Sauce (Tom or BBQ).....	\$0.30
Sausage Roll.....	\$3.50
Spaghetti Bolognaise (Fridays only).....	\$3.60
Spinach Roll.....	\$3.70
Spinach Triangle.....	\$3.70



MEXICAN KEBAB - \$5.50

Salsa, lettuce, chicken, onion, cheese & sour cream wrapped in kebab bread & toasted

Vegetarian option also available

CAESAR KEBAB - \$5.50 Chicken, lettuce, tomato, Caesar dressing, wrapped in kebab bread & toasted.

MEAL DEALS

Toasted ham & cheese + popper	\$3.50
Toasted cheese + popper	\$2.50

DRINKS

Chocolate Nippys.....	\$2.70
Strawberry Nippys.....	\$2.70
Frozen Juice Cups.....	\$1.00
LOL.....	\$2.40
Popper –Orange, Apple, Apple & Blackcurrant	\$1.60
Revolution Juice - Pop Top 100% Orange, Orange Passion, Apple, Apple & blackcurrant.....	\$2.40
Schools Milk 300ml.....	\$2.70
Warm Milo.....	\$0.50
Water 500ml.....	\$1.80



ICE BLOCKS

TNT'S.....	\$1.00
Lemonade, Red, Blue, Green, Kabluey.	
MONY'S	\$0.80
Lemonade Fizz, Chocolate, Kabluey, Watermelon, Strawberry, Sour Red, Strawberry Ice Cream, Bubblegum, Orange.	



SALAD BOWLS –

Small	\$3.80
Large.....	\$5.50
Add chicken or ham.....	\$0.70
Egg and cheese.....	\$1.00
Fresh Fruit Salad.....	\$4.00

GLUTEN FREE OPTIONS

Gluten Free Bread.....	Add \$2
Gluten Free Pizza.....	\$4.50

CALENDAR

Term 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1			7th October	8th October Year 3 Camp	9th October
2	12th October	13th October	14th October	15th October	16th October
3	19th October	20th October	21st October	22nd October	23rd October
4	26th October	27th October	28th October	29th October K-2 Seaworld Exc	30th October
5	2nd November	3rd November ARTSMART MHS Principal Visit	4th November ARTSMART	5th November ARTSMART	6th November
6	9th November	10th November	11th November Remembrance Day Service	12th November	13th November
7	16th November	17th November	18th November	19th November	20th November
8	23rd November	24th November School Musical	25th November Captain Nomination Speeches	26th November	27th November Reports Home
9	30th November Year 6 Farewell	1st December	2nd December MHS Orientation	3rd December Presentation Day MHS Orientation	4th December
10	7th December Oxley Club Performance	8th December Wet'n'Wild Music Exc.	9th December Sport & Music Assembly Parent Helper Morning Tea	10th December	11th December
11	14th December School Picnic Day	15th December	16th December Yr6 Bell Ringing Last Day for Students 2015	Staff Development Day	Staff Development Day